



September Breakfast 2021

WG = Whole Grain Rich

All Milk Served to 3-5 years Must be 1% or Skim

All Milk Served to Children Under 2 Must Be Whole Milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| | | 1. WG Waffles Syrup M. Oranges Milk | 2. WG Cheerios Banana Milk | 3. WG Pancakes Grape Juice Syrup Milk |
| 6. Closed Happy Labor Day | 7. Turkey sausage Hashbrown Grape Juice Milk | 8. WG Waffles Syrup M. Oranges Milk | 9. Cinnamon Cereal Apple Slices Milk | 10. WG Pancakes Grape Juice Syrup Milk |
| 13. WG Turkey Pancake Wraps Fruit Milk | 14. Yogurt Homemade WG Carrot Granola Milk | 15. WG Waffles Syrup M. Oranges Milk | 16. Breakfast Burrito Peaches Milk | 17. WG Pancakes Grape Juice Syrup Milk |
| 20. Egg and Cheese Frittata WG Slice Bread Fresh Fruit Milk | 21. Corn Flakes Oranges Milk | 22. WG Waffles Syrup M. Oranges Milk | 23. Yogurt Banana Milk | 24. WG Pancakes Grape Juice Syrup Milk |
| 27. WG French Toast Syrup Peaches Milk | 28. WG Honey Oats Cereal Mix Berries Milk | 29. WG Waffles Syrup M. Oranges Milk | 30. Turkey sausage Hashbrown Grape Juice Milk | |



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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| | | 1. Turkey Franks Hot Dog Roll Vegetarian Beans Pineapple Tidbit Milk | 2. Meatball Sub WG Roll Sliced Pears Broccoli Milk | 3. WG Pizza Carrot Slices M. Oranges Milk |
| 6. CLOSED Happy Labor Day | 7. WG Chicken Nugget French Fries Peaches Milk | 8. WG Mozzarella Sticks Mixed Vegetable Pineapple Tidbits Milk | 9. WG Fish Stick Slice Bread Broccoli Sliced Pears Milk | 10. Angus Beef Slider WG Bunn Green Beans Fruit Cup Milk |
| 13. Chicken Fries Slice Bread Smiley Potatoes M. Oranges Milk | 14. Cheese Tortellin Diced Tomatoes Peaches Broccoli Milk | 15. Chicken Fried Rice Broccoli Pineapple Tidbits Milk | 16. Cheese Ravioli Garlic Bread Cauliflower Sliced Pears Milk | 17. Homemade Beef Meatloaf String Beans Roasted Potatoes Peaches Milk |
| 20. Swedish Meatballs Egg Noodles M. Oranges Rst. Cauliflower Milk | 21. Mac & Cheese WG Pasta Carrot Slices Peaches Milk | 22. WG Pizza Carrot Slices Pineapple Tidbits Milk | 23. Chicken & Waffles Chicken Breast Belgian Waffle Sliced Pears Corn Tidbits Milk | 24. WG Mozzarella Sticks Mixed Vegetable Pineapple Tidbits Milk |
| 27. Salmon Stir Fry Salmon M. Vegetables M. Oranges Brown Rice M | 28. Taco Tuesday Ground Beef Lettuce & Tom Flour Tortilla Peaches Milk | 29. WG Fish Stick Slice Bread Broccoli Pineapple Tidbits Milk | 30. WG Chx Nugget ½ Slice Bread Rice Pilaf Sliced Pears Milk | |



September Snack 2021

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|------------------------------------|--|-------------------------------------|---|
| | | 1. Chocolate Graham Bears Milk | 2. Pretzels Apple Juice | 3. Ritz Crackers Cheese Stick |
| 6. CLOSED Happy Labor Day! | 7. Apple Loaf Cake Milk | 8. Sweet Potato Cracker Apple Sauce | 9. Animal Cracker Grape Juice | 10. Oatmeal Bar Milk |
| 13. Fruit Stuffed Pancake Grape Juice | 14. WG Crackers Cheese Stick | 15. Mini Waffles Grape Juice | 16. Chex Mix Apple Juice | 17. Homemade Banana Bread Milk |
| 20. Cinnamon Biscuit Milk | 21. Pretzels Apple Juice | 22. Fruit Strudel Grape Juice | 23. WG Chip Apple Juice | 24. Home Made Corn Loaf Milk |
| 27. Cranberry Orange Muffin Milk | 28. Pizza Crackers Milk | 29. Cheese Crackers Milk | 30. Carrot Bites Milk | |